

Sailability Hong Kong Limited



Annual Report 2021/2022

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2021/2022 CO-FOUNDER & CEO REPORT



A NEW YEAR AND NEW DREAMS

Looking back to April 2021 our hopes had been lifted as we were seeing sailors joining our programmes from more diverse areas of our community. Our mission is to 'Make Sailing Accessible to EVERYONE' and we are well on our way to achieving this dream.

Sadly, due to another COVID shutdown in early 2022 our programmes were once again suspended in January 2022. However, our sailing numbers during the period April to December 2021 showed amazing figures:

Total number of sailors	2872
Total number of sailors with disability	1846
Volunteers supporting programmes and training	1401
Sessions held	298

One of the major events of the year was the 1st World Sailing Steering the Course Women's Festival. A 10 - day event which we co-hosted with Hebe Haven Yacht Club. The event was to highlight and also encourage more women and girls into watersports and the many aspects they can learn about within the sport. We were very fortunate to have on board Mercedes Benz and Holman Fenwick Willan as our sponsors enabling us to provide free sailing to the 308 sailors who sailed with us during the event. Both sponsors joined our Opening Ceremony and acknowledged the work and opportunities that Sailability is providing in Hong Kong.

The other major event during the year was the annual 24hr Charity Dinghy Race which supports 5 charities from the funds raised; Childrens' Cancer Foundation, Sailability Hong Kong Limited, TREATS, Ideal and the Sai Kung District Community Centre. The October 2021 event saw sailors from TREATS, Tsui Ting Tong, Jockey Club Sarah Roe and Morning Hope Schools, Ethnic Minority Youth and newly trained volunteers joining the race together with regular Saturday Sailors, Para Sailors and their friends who were supported by physiotherapy students from the Open University. We again were very pleased to gain first place in the race with the fastest lap – another amazing result for us and our 4 Para Sailors who put in a brilliant performance once again. What great mix of sailors we now have at Sailability showing the abilities, accessibility and inclusivity of what we do.

*Our journey continues as we reach out to ALL within our community offering
'MORE Than Sailing' and 'Making Sailing Accessible to EVERYONE'*

I would like to offer a huge thank you on behalf of our Directors and myself to all our sailors, instructors, safety boat drivers, volunteers, donors and supporters, old and new, who continue to support us and make our programmes and achievements happen. As you read on through the report you will learn more about what we do and offer within our programmes.

We now look forward to the busy times ahead in 2022/2023 with our ever, evolving programmes, offering; inclusion, accessibility, continued learning and FUN. Seeing is believing – so drop by and see us sometime soon.

Kay

Kay Rawbone
Co-founder & CEO

2021/2022 Highlights

APRIL

This year's highlights begins with a Testimonial from Morning Hope School who were supported by our SHK Scallywag Foundation Program.

Quote: 'Children from Morning Hope School came along to Sailability with their Social Worker and Teacher. From a completely blank sheet, not having done much physical work, the children developed into confident able sailors after 6 days training. By the end of the course they were able to independently rig the Hansa 303 boats and wash, clean and pack them away after the sessions without too much guidance.

From an initial familiarisation ride on a safety boat, the children managed to sail all the way out to near Shelter Island, past HKUST and back on their final day. Congratulations everybody! #SAILABILITY - WE AREN'T MANY, WE ARE ONE' *Ming – School Social Worker.* **Unquote**



SAILABILITY HK'S FIRST WATER SPORTS WEEK

The first week of its kind at Sailability Hong Kong, for Special Educational Needs Youth. Groups of teenagers from different schools experienced an exciting time with Sailability HK. The youth joining were from families with disabled parents - CARA, teenagers with ASD (Autism Spectrum Disorder) studying in mainstream or special schools. Many sailing for the first time while others were graduated sailors from our Scallywag Foundation sailing programme and came along to support other sailors.

ASD 07
Tsui Tsing Tong School
Morning Hope School
Kai Oi School



THE HONG CLUB FOUNDATION LIMITED'S SENIOR SAILING PROGRAM IS LAUNCHED

10 'Senior Sailors', some with previous sailing experience, joined this new volunteer training program with instructors Jesse & Candy. The purpose of this training is to train and support the volunteers to become proficient in rigging and sailing our Hansa 303s whilst supporting new 'Senior Sailors' within our community as the program progresses. What a great way to spend your spare time after retirement - helping others whilst learning a new skill!



Regular programs continued with Saturday Sailing, Para Sailing Training, Scallywag Foundation Programs and other organisations and schools joining each month.

MAY

We experienced one of our busiest months and here are some of the programmes we ran...

WORLD SAILING'S STEERING THE COURSE - WOMEN'S SAILING FESTIVAL 21 - 30 MAY 2021...

A huge thank you to our Sailability Event Sponsors - **Mercedes-Benz & Holman Fenwick Willan** - who made this event happen and provided free sailing to all our sailors, old and new!!

This World Sailing Event was arranged to introduce more women and girls into sailing whatever that may be: sailing, kayaking, paddleboarding, volunteering, race management etc. Sailability & HHYC couldn't resist the challenge and together with a joint Working Committee we co-hosted the event - the first of its kind globally.

Sailability Hong Kong's event numbers over the 10 days was an outstanding **308 participants**, which included:

176 Women

132 Men

Of whom 65 first time sailors – 63 women and 2 men. Figures also included 78 Volunteers in various roles – 42 women and 36 men



HHYC OPEN REGATTA 22 & 23 MAY

The Hebe Haven Yacht Club Open Regatta 2021 held over the weekend of 22/23 May as part of the World Sailing's Women's Sailing Festival, provided ranking regattas for our 2.4mR and Hansa 303 fleets. Results from these races were forwarded to World Sailing as we successfully manage our sailing and rankings during COVID times.

This year saw the largest Sailability fleet – 26 of our boats; 2.4mR x 9, Hansa Liberty x 3 and Hansa 303 x 14 sailed by a spectrum of sailors. Sailors joining came from Sailability HK's Para Sailing Team, Tier 2 Para Sailors, new sailors with amputations, limb deformities, neurological disorders and volunteers. We also saw SEN sailors from our regular Saturday Sailing Sessions paired with competent volunteer sailors from different walks of life, regular volunteers, a female instructor and sailors representing 4 different schools/organisations who attend regular sailing with us. The schools' representatives included teachers, social workers and volunteers paired with SEN students.

This amazing spectrum of our sailors really demonstrates the inclusiveness of what we do and its versatility as a competitive sport.



JUNE

36 programs undertaken during this very hot month, which included **14 Scallywag Foundation** sessions for sailors with Autism Spectrum Disorder (ASD) and other challenges, children from the HK Red Cross Margaret Trench School, Group 2 from Morning Hope School and a very keen group of young ladies from our Ethnic Community who really enjoyed this newly found sport of sailing. As well as.....

A BIG BOAT SAILING DAY FOR OUR PARA SAILORS!

Our para sailors spent a day's inclusive sailing on a very stylish Solaris 47 yacht. The Solaris design has a flat transom making it possible to accommodate wheelchairs and it's even possible to sail the boat while seated in a wheelchair. The para team who normally sail 2.4mR's have sailed on larger yachts previously but this was the biggest yacht for them as a team.



HKSF FESTIVAL OF SPORT - 26/27 JUNE 2021 AT HHYC

.....and the resilience of our sailors shone through. The awful weather conditions over the 2 days disrupted the racing with no racing and no winner being declared. Even so sailors from Sailability felt they had learned much from taking part. Our sailors were still smiling!!



CARING COMPANY AWARD

Sailability HK has been awarded not one but TWO “Caring Company” awards!! The first award is for Sailability Hong Kong helping “To build a cohesive society... inspiring corporate social responsibility through caring for the community, employees and the environment.” Well done everyone who has contributed to this in any capacity – this award is yours!

Secondly a “Caring Ambassador” Award “in recognition of the contribution to corporate community involvement programs”. Sailability was nominated for these awards by Hong Kong Society for the Blind who are one of our valued partners and we thank them for their thoughtfulness and generosity in making these nominations.



JULY & AUGUST - our hottest months

SUN HUNG KAI FOUNDATION, SCALLYWAG PROGRAMMES

These programmes continues to bring sailing to the under-represented within our community and during July our second group of sailors from our ethnic minority community graduated. A group of young ladies, which boosts our female participation in the sport. At times during their training there was so much rain and they still carried on smiling and enjoying the opportunity. Looking forward to them coming back for their HKSF Level 1&2 and to volunteer with other groups. Well done to all.



HKSF LEVEL 1 AT SAILABILITY HONG KONG

Whilst HHYC took a weekend break during the summer we decided to offer another challenge to some of our ASD (Autistic Spectrum Disorder) sailors who had graduated from our Scallywag Foundation Program. We are delighted to say that 12 sailors have now completed their HKSF Level 1.

A huge thank you to Instructors Jesse and Candy who facilitated these sessions. Another big WELL DONE to all!!!



PAK SHA WAN SCOUTS SUPPORT FOR SAILABILITY HONG KONG CONTINUES

For many years Scout Leaders from this troop have joined us whenever we needed volunteers. On 31st July it was our turn to support them. We loaned them 3 of our Hansa 303s to support 6 of their Scout Leaders to compete in a '100 Age Race'. Our boats competed in 4 races out to Shelter Island and back to Pak Sha Wan with Bahias and Picos - 13 boats in all. The special thing about this race was that the age of the sailors in the boats had to total 100 years. Sailors ages in our boats, that's six sailors, totalled 366 years! One of our boats had two sailors whose ages totalled 130 years - think that broke their age record!! Great day out with the Scouts and a great idea for a race.



SLIX PROGRAMS

Family Fun Taster Day

This was our first Family Fun Day for member of SLIX (a society for limb and body deformity) whose Chairperson is one of our volunteers - Ah Po. Even though the weather was not good on the day there were many smiling faces. Big thanks from the group to Candy, Ryan and other volunteers. Also special thanks to DI Paul for providing professional advice to them all.

Comment from the group 'Thank you all for participating in the small sailing event. Participants from 7 years old to 40+years old, big and small learning together was super fun'.



SLIX 2 Day Training Program

Despite the mixed weather another group from the Slix Society sailed with us and have shared their photos and feelings on their Facebook page in Chinese.

In the post the sailors say it's wonderful that tall and short people can learn and have fun together and they thank Candy, Ryan, Paul, and Kay for making it possible. We love having this group join us with Ah Po and Ting having sailed with us in the HHYC Regatta and the FOS Regatta. We look forward to many more sailings with them.



JARDINE'S MINDSET CHARITY

After a break of almost 2 years, Jardines Mindset beneficiaries came back to enjoy 2 days of sailing with us. Jardines volunteers were paired up with friends from MINDSET Place, a residential home for people recovering from mental illness, to enjoy the fun of sailing with Sailability. On the 22nd August we were able to let some of the beneficiaries try out a J80 with Jesse and Paul Wu whilst others sailed in our Hansa 303s. Having learned some basic skills in the morning sessions everyone was able to control the boats together successfully!



SEPTEMBER

HONG KONG SOCIETY FOR THE BLIND

hired HHYC's Hebe One to begin the filming of their Cheers Band's new music video; 'We Can Overcome' which will be launched in October. The video shows how with access to the water they have been able to overcome the effects of the pandemic on their lives. So beautiful and a wonderful tribute to the changes we make to people's lives.



COA BIG BOAT DAY WITH SAILABILITY HONG KONG

The Cruiser Owners Association organised a Big Boat sailing day on 4th September to introduce the COA to our sailors. They had 5 boats join the day out; Freefire, Saphira, Blu, Amphrititi and Karina. What a day it was with experiences beyond the wildest dreams of our sailors. The Sailability Sailors who joined the day were aged from 8yrs to 70+, with a range of abilities, and all were beneficiaries of the huge range of programs we run. These programs being the mainstay of what we do. Thank you to the COA, the boat owners and crews involved for this introduction to something new!



BLACKLAW'S RACE SERIES

A series introduced for Para Team Sailors in Hansa 303s and 2.4mR's. Races 1 and 2 took place during the month with a new Race Management Team and some new buoys!! Sailors are improving and that's what this is all about, as we work together to give our Para Team sailors some competition and training as the pandemic restrictions continue to affect the lack of local, regional and international competition.

BART'S BASH 2021

This annual event was held with HHYC and once again it was a hot and windless day. This however, did not dampen the enthusiasm of our sailors as we joined a fleet of 60+. This is an annual fundraising event which raised in excess of HK\$22,000 for Sailability. A huge thank you once again to all who donated on the day. It's another HHYC inclusive race which we are always proud of being part of.



SPORTS ASSOCIATION FOR THE BLIND DARKNESS FIGHTERS

A new group to join a sailing taster day on 29th September. Volunteers from the the Pak Sha Wan Scout Troop joined us as volunteers as we introduced 12 new sailors to our program. None of the sailors had sailed before and we could not have had a better day with blue skies and wind. We are looking forward to them joining us on a monthly basis sometime soon.



OCTOBER

24hr CHARITY DINGHY RACE

One of the great stories of the HHYC hour Charity Race was the appearance of one of Sailability's restored Enterprises! It was wonderful to see the boat taking part in the race for a few hours. Our thanks to HHYC for these photos and to Ryan, Tommy, Edward, and Mike Ng who sailed her on Saturday 30th October.

The 24 Hour Charity Race started at 2pm on Saturday 30th October with the finish at 2pm on Sunday 31st October. Sailability had 14 boats participating in the event. Sailors take turns to sail during the 24 hours, usually doing a 2-hour shift. One of the ways to do well in the event is to make quick crew changes.

The charities benefitting from this charity event are:

- Children's Cancer Fund
- Sailability HK
- Treats
- Ideal
- Sai Kung District Community Centre

During the weekend we actively supported the World Sailing 'Back the Bid LA 2028' Campaign. The global campaign to get sailing back into the Paralympics from 2028 has inspired Hong Kong artist Herbert Spedding to create this poster. If you have seen his work previously, you'll recognize the style and his lovely use of colours. A delightful contribution! Sailability sailors and volunteers openly supported the campaign the event.

David Graham, CEO of World Sailing said “Over the past 5 years the number of countries with Para sailors participating in international competition has increased by 30%.” There is an emphasis on inclusion and diversity including getting more women Para sailors. “We are taking nothing for granted” said Graham. World Sailing’s campaign to get sailing back into the Paralympic Games is generating headlines across the world! Sailing was part of the 2016 Games in Rio but was dropped for Tokyo 2020 and has not been included in the 2024 event. The aim is to get it back into the Paralympics for Los Angeles 2028.



A SENSORY EXPERIENCE

Students from Ebenezer School came along to Hebe Haven Yacht Club for their first day of sailing. To help prepare the new sailors for their first sailing experience, Instructors arranged a sensory experience to support their first sailing journey. The group sat on the edge of the pontoon to feel the rise and fall of the water, and they dipped their feet into the sea. A great way to explain the use of a pontoon!



Regular programs continued with Saturday Sailing, Para Sailing Training, Scallywag Foundation Programs and other organisations and schools joining each month.

NOVEMBER

Rabi Yim, Chairlady of the **Direction Association for the Handicapped** visited Sailability on Sunday. Her team had a fruitful morning filming for a video on accessibility in sailing. The Association is a group of people with severe physical impairment that supports members to live with happiness and confidence in the community. Rabi has used a wheelchair since a traffic accident in 1998. We hope to hear more from them again soon!



TREATS SAILING WITH SAILABILITY – UNLEASHING POSSIBILITIES!

Treats Inclusive racing 2021 - 14 Hansa 303 boats took part in races today with dry and sunny conditions, and a swift NE to SE wind. Taking part were 6 boats from TWGH TTT school, plus 6 more boats from open recruitment by Treats, and 2 invited teams (one from our visual impaired young sailor Henry and his father and one from our Lady Warriors - Fiona and Jenny). We managed to start four races under Race officer Shirley Leung. It was a strong field for the race. Well done everyone who took part.



SCALLY WAG FOUNDATION PROGRAMME CONTINUES

On 6 November, Christian Action arranged a group of eight children who are under their after-school care service to join our one-day taster supported by the Scallywag Foundation Programme. They were coached by our club coach Rachel Pang, who is also a life saver and diving instructor! Thank you to Sun Hung Kai for providing this programme for our sailors.



SENIOR SAILING PROGRAMME – SPONSORED BY THE HONG KONG CLUB FOUNDATION LIMITED

7 senior citizens from Shatin district joined a half day taster with the support of our Senior Sailor Volunteers from our Core Teams 1 and 2. The newcomers enjoyed the wonderful warm and sunny morning with a gentle breeze from the north east to east ideal for first time sailors . All of them practiced an at-sea transfer and enjoyed a short speedy ride on our S9 powered safety boat. We hope they will return for a longer programme in future! They enjoyed their lunch too!!



Regular programs continued with Para Sailing Training, Scallywag Foundation Programs and other organisations and schools joining each month.

DECEMBER

MO HAN - LIMITLESS

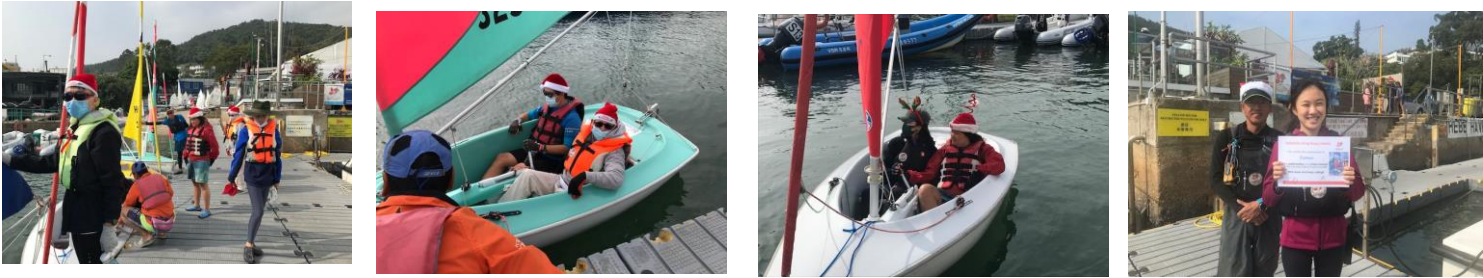
Lots of work had been going on behind the scenes as Sailability HK reached another milestone. Funding was received from the Li Ka Shing Foundation for the purchase of a new vessel to act as a therapeutic platform for our Sailors of all abilities to enjoy and to grow within their sailing experiences on an accessible and inclusive yacht. A 'platform' where everyone can sail together and achieve good results whilst increasing learning, self-esteem, confidence, opportunities and so much more. The annual operating costs of this vessel has been met by some extraordinarily kind HK people and a huge thank you goes out from us all at Sailability. We eagerly await the delivery of Mo Han later in 2022. The name was first chosen in English as 'Limitless' in recognition of the inclusivity of our programmes and when translated it became Mo Han – a very beautiful Chinese name.



LI KA SHING FOUNDATION
李嘉誠基金會

SATURDAY SEN/ASD SAILING

Our longest running programme providing sailing to approximately 16 children and young adults each week, ended their 2021 year on 18th December with a Christmas sail, lunch and certificates awarded for our sailors' progress during the year. Other programmes continued up until the end of the year.



ASSOCIATION OF WOMEN WITH DISABILITIES (AWD) AND 1st STEP ASSOCIATION

Both organisations continued their sailing courses sponsored by the American Women's Association. The ladies were under the guidance of our Instructors and a group of enthusiastic volunteers plus the cool autumn weather, with both wind and sun, producing a lot of enjoyment whilst riding the wind and the waves! The ladies and staff from the AWD & 1st Step Association expressed their sincere thanks to all at Sailability and AWA! Both groups were accompanied by volunteers from our Senior Sailing Courses sponsored by the Hong Kong Club Foundation.



SAILABILITY HONG KONG AT TEDx

Sailability HK attended the recent TEDx Tin Hau Women event and we also took a Hansa 303 dinghy to grab people's attention to come and see what we do!

It was a challenge to transport the dinghy from Hebe Haven into the Xiqu Centre in Tsim Sha Shui. However, with the help of our volunteers who did an amazing job cleaning the boat ready for the event, refurbishing the simulator and arranging the transport. They were great ambassadors at the event as they mingled and chatted to attendees at the event". It was a long day for our volunteers and a huge thank you to them all.

This TEDx was about female empowerment, and engaging with healthy and sustainable living so Sailability was well placed to make a positive impact.



THE FIRST MIKE RAWBONE CHALLENGE CUP RACE SERIES COMES TO AND END

The series concluded on Sunday 12th December with the final races and a prize giving event. Well done to **FOO Yuen Wai** for finishing first in the 2.4mR class and **Mark Poon** in the Hansa 303 class. Amazing trophies designed by Volunteer Marie - thank you!

It was the culmination of three series comprising 25 individual races. The sailors were tested in a full range of sea and weather conditions from the sweltering heat of summer to the cool of early December. This Cup is a milestone

for the training of physically disabled sailors in Hong Kong. The range of winners tells us that it is very competitive group and the event gave everyone the chance to improve their skills and fitness. Everyone is looking forward to the next series in late 2022!



SOCIAL INCLUSION THROUGH SPORTS AND RECREATION CONFERENCE - HOSTED BY TREATS

Kay Rawbone was part of a panel discussion at the event and spoke about the need for people with disabilities to be accepted like anyone else and have the opportunity to show their abilities. She said it was inspiring “to see people with disabilities and volunteers come to Sailability initially for leisure sailing and then decide they would like to go on and train for competitive sailing.” It was often an emotional moment “to take parents out onto the water so they could see their children sailing at close hand.”



The conference was organised by Treats and included the results of a university study that showed taking part in inclusive sport develops a sense of inclusion among both participants and volunteers. For a fuller report about the conference, in Chinese, visit the Treats Facebook page.

SOUTHSIDE REGATTA - 4th & 5th December

After 2 days of racing with world ranking points at stake the results are in. In the 2.4mR class:

1st Foo Yuen Wai

2nd Puk Chi Yeung

3rd Leung Wun Wai

Well done everyone who took part we are proud of you all! Special thanks to ABC for the support shown to our sailors during the event and our sailors who sail for approximately 6/7 hours on their journey to attend the event and then back home to HHYC at the end of the weekend.



24hr CHARITY DINGHY RACE CHEQUE PRESENTATION

3rd December saw an evening award ceremony for this year's 24 Hour Charity Race organised by Hebe Haven Yacht Club. The 2021 race raised an amazing HK\$ 1 million for 5 local charities. Sailability Hong Kong received HK\$200,000 and a huge thank you once again to HHYC for their support. HK\$100,000 of this amount was raised by our amazing Senior Sailing Volunteers who give so much to what we do. They, for the first time, entered their first race at this prestigious event with two boats and were also invaluable as the Stall Team looking after the signing on and off the water and everything else over the weekend. We are very proud to have had so many Sailability boats in the event - 14 and the appearance of one of our renovated Enterprises!!! Great work Sailability!!!



The 'Para Warrior 1' team from Sailability, crewed by some of our amazing Para Sailors won the prize for the fastest average lap time of the event. An amazing feat. The same team also finished first in the event on time and came second in the event overall which takes into account sailing times plus funds raised.

RACIAL HARMONY PROGRAMME – SPONSORED BY HOME AFFAIRS

We were delighted to see the start of this programme to bring sailing to our friends from the ethnic communities in Hong Kong. The programme content covers a family taster day with a trip out into the local waters on the HHYC Hebe One. This was to be followed by a Mother and child sailing course and another for youth sailors. Sadly, we were only able to complete the family taster day due to the COVID shutdown with other elements of this programme to be continued in June 2022. The day was also supported by our first ethnic community sailors who learned to sail with the Sun Hung Kai Scallywag Foundation Programme. A great example of community involvement.



Regular programs continue with Saturday Sailing, Para Sailing Training, Scallywag Foundation Programs and other organisations and schools joining each month.

Some pics of our regular weekly training programmes:

SATURDAY WEEKLY SEN AND ASD SAILING PROGRAMME



PARA SAILORS TWICE WEEKLY SAILING PROGRAM



TIER 2 PARA SAILING TRAINING



Thank you to Instructors Paul and Candy for the training given to our Tier 2 sailors all of whom I am sure are looking to join our International Para Sailing Team soon.

JANUARY TO MARCH 2022 was once again a very challenging time as Hong Kong experienced its 5th wave of COVID 19 infections and all recreational activities were cancelled. However, we kept ourselves busy preparing for the opening up and new activities and sponsors coming on board:

HYC SCALLYWAG FOUNDATION OPEN DINGHY REGATTA IS IN OUR DIARY!

Scheduled over the weekend of **21st & 22nd May 2022** with 20+ of our getting ready for this event. It's always such a fun weekend and one I am sure all our sailors and volunteers were looking forward to.

NOTIFICATION OF THE CONTINUATION OF OUR SENIOR SAILING PROGRAMME IN 2022

After the success of our first program designed for seniors in Hong Kong, we would like to say a huge thank you to the **The Hong Kong Club Foundation Limited**, who have once again provided the funds to enable more sailing for seniors within our community. More Seniors will have the opportunity to participate in certified weekday sailing courses or to learn more about the 'on shore' help needed which is so important in all we do.

CARING COMPANY 2022

We achieved this again - our second year and we are so proud. Thank you again to the **Hong Kong Society for the Blind** for their nomination.

MERCEDES-BENZ HONG KONG become our '**Exclusive 2.4mR Maintenance Sponsors**' for 2022 & 2023. A huge thank you to Mercedes-Benz for their continued support of what we do at Sailability Hong Kong. Look out for the new stickers acknowledging their support which will be on the boats very soon!! I'm sure they will look amazing.

Everyone is eagerly awaiting the return of sailing and being out on the water again. I'm sure we will have lots to report back on in our next annual report. Watch this space!



OUR PROGRAMMES

Founded in 2009, Sailability Hong Kong Limited provides the opportunity for everyone to learn to sail or to enjoy a sailing experience. Our boats are ideally suited for new sailors, to experience their first water-based experience, whilst also offering this opportunity to people with a disability (physical or intellectual), the under-represented within our community, irrespective of age, race, gender, ethnicity or ability and those with life changing illness or in need of rehabilitation. Our sailors, with an age range of 7 years to 80+, have shown that sailing increases self-confidence, independence, responsibility and self-esteem whilst having fun. Additionally, our specially adapted boats can be sailed by those recovering from accidents, strokes or suffering a major illness.

Introduction to Sailing

ideally suited to those who have never sailed. Our boats are safe and offer the opportunity to learn the principles of sailing whilst progressing through our Hansa fleet. Following this introduction, you may wish to transfer to Hebe Haven Yacht Club to enroll in the HKSF Level 1&2 sailing scheme.

Golden Age/Senior Sailing

provides an ideal opportunity for some relaxing gentle exercise whilst learning a new skill and gaining new friends. Golden Age Sailors are usually a welcome addition to any sailing club because they can use their skills and experience and also become mentors for the younger sailors. Sailability also offers sailors suffering from age related disabilities, enjoyment on the water.

Weekend & After School Sailing

introduced to provide extra curriculum sailing on a regular basis to those who wish to learn to sail and for those who may wish to progress to our racing teams.

Sallywag Foundation

this program in conjunction with and sponsored by Sun Hung Kai was introduced to promote sailing for the under-represented in Hong Kong. The program targets 7 - 22 years of age with the opportunity to progress to the HKSF Level 1&2 sailing scheme.

Well-Being Sailing

a program introduced to support those with Mental Health Challenges to change their lives, whilst gaining confidence, increased self-esteem and learning a new skill with people who understand and care.

Family Days

for families to enjoy their first water borne experience in our safe and secure boats.

Team Sailing

many of our sailors with disability represent Hong Kong in local, regional and international regattas. If you are a sailor with a disability who would like to join one of our teams or someone who would like to be a buddy sailor to accompany sailors at regattas/events, please contact us.

Schools/NGO/Charities

programs are designed to offer sailing to Local and ESF SEN schools, NGOs & other Charities. It also incorporates training for teachers, parents, carers etc., to accompany sailors with more complex needs whilst sailing.

Team Building

a program designed for companies/organisations wishing to promote inclusiveness and/or to learn more about disability awareness within our community. Enjoy a day's sailing with your team with competitive challenges during the day.



[Click here to go to our website](#)

OUR PEOPLE

Our Chairman, Directors & CEO

Barry Hill – Chairman from March 2022

Mark Houghton – Director

Catherine Smith – Company Secretary

Cramond Wong – Director

Ben Wong – Treasurer

Kay Rawbone – Co-founder & CEO

Our Para Sailing Team Coach

Ed Tang – Senior Coach

Gary Yuen – Coach

Ken Leung – Assistant Coach

Our Instructors

Jack Shum

Jesse Lam

Candy Tse

Our Volunteers

Are so important in all we do and we couldn't do what we do without them. They come from all walks of life and give their time to change the lives of those who join our programs.

Training is given to enable our volunteers to support and understand our sailors when introducing them to the therapeutic and inclusive sport of sailing. For many of our sailors this is a life changing experience and together we make it happen. Whether you sail or not **all** are welcome to join us – we have lots of roles for you to enjoy and be part of.

Our Fleet



Hansa 2.3 and 303



Hansa Liberty



2.4mR Technical Paralympic boat



GENERAL INFORMATION

Interested in volunteering? Please contact kay@sailability.org.hk

Interested in donating? If so, donations can be made in the following ways:

By cheque payable to: **Sailability Hong Kong Limited**
and sent to:
Sailability Hong Kong Limited,
c/o Hebe Haven Yacht Club
10.5miles Hiram's Highway
Pak Sha Wan
Sai Kung
New Territories, Hong Kong

By bank transfer to: HSBC - Hong Kong
A/C name: Sailability Hong Kong Limited
A/C number: 040-168379-838

Visit our website: www.sailability.org.hk and click on the donate button

Or try our QR Code:





OUR PARTNERS, DONORS & SUPPORTERS 2021/2022

A huge thank you to you all

Aberdeen Boat Club	Li Ka Shing Foundation
American Women's Association	Lockly
Clifford Chance	Mercedes-Benz
David Trench Fund	Pin Genie Ltd
Hebe Haven Yacht Club (HHYC)	Royal Hong Kong Yacht Club (RHKYC)
HOC Wines	Royal Yachting Association (RYA)
Holman Fenwick Willan (HFW)	Solaris Yachts Asia
Home Affairs Department	Sun Hung Kai Scallywag Foundation
Hong Kong Paralympic Fund	The Hong Kong Club Foundation Limited
Hong Kong Sailing Federation	WJ Family Donation
In Memory of Orlando Chan Jet 8	World Sailing
Leisure & Cultural Services Department	
Leo Wealth	

Plus many individual private donations from far and wide. Some via monthly or quarterly payments, which is a great way to give.

All donations support and enable us to do what we do, whilst providing opportunities to all and life changing experiences for many.

